

ADULT PROGRAMS

MONDAYS

Ultimate Fitness

8:20 am & 9:30 am

Tennis Lessons

4:00 pm, 5:00 pm & 6:00 pm

Pick Up Table Tennis

7:00 pm

TUESDAYS

Ultimate Fitness

7:15 am, 8:20 am & 9:30 am

Tennis - Advanced Beginner

12:00 pm

Kundalini Yoga

5:30 pm

Pick Up Basketball

7:00 pm

WEDNESDAYS

Ultimate Fitness

8:20 am

THURSDAYS

Ultimate Fitness

7:15 am, 8:20 am & 9:30 am

Open Studio

9:45 am

Pick Up Table Tennis

7:00 pm

Ballroom Dancing

7:00 & 7:45 pm

FRIDAYS

Ultimate Fitness

8:20 am & 9:30 am

Ballroom Freestyle

7:30 pm

Nashoba Skiing & Boarding

See full brochure for details

SCHOOLAGE PROGRAMS

MONDAYS

Mad Science (Gr. K-3)

3:00 pm

TUESDAYS

Afterschool Library (Gr. K-8)

3:00 pm

Musical Theater (Gr. 1-5)

3:00 pm

WEDNESDAYS

Gymnastics

(See brochure for ages)

1:00 pm, 1:45 pm and 4:00 pm

Nashoba Valley Skiing & Boarding (Gr K-8)

1:00 pm

THURSDAYS

Afterschool Library (Gr. K-8)

3:00 pm

Variety Sports (Gr. K-3)

3:00 pm

FUN-damentals of Fencing (Gr. 2-5)

6:00pm

FRIDAYS

Intro to Karate (Gr. K-2)

3:00 pm

PRESCHOOL PROGRAMS

MONDAYS

Music Together (Age 8 mo-5yrs)

9:30 - 10:15 am

WEDNESDAYS

Tumbling for Kids & Parents (Age 2-3)

2:35 pm

THURSDAYS

Super Soccer Stars (See brochure for ages)

3:00, 3:50 and 4:45 pm

FRIDAYS

Music Together (Age 8 mo-5yrs)

9:30 - 10:15 am

SPECIAL EVENTS

Lincoln Open Mike Acoustic Night

12/12, 1/9, 2/13, 3/12 & 4/9

Sunday River Ski Trip: Grades 6-8

January 20-22, 2012

Winter Carnival 2012

January 27-29, 2012

Sudbury Teen Center: Grade 8 Only!

May 18

Vaca-Playdays: Grades K - 5

February 20 - 24, 2012

Ice Skating @ Frog Pond: Grades 5 - 8

March 2, 2012

Babysitter's Training: Grades 6 - 8

March 14, 2012

Middle School Dances: Grades 6 - 8

March 23, 2012

SEE OUR FULL
SCHEDULE ONLINE AT:
www.LincolnRec.com

Our Mission

The Lincoln Parks and Recreation Department strives to provide affordable and diverse leisure opportunities, community-based special events and safe recreational facilities to enhance the quality of life for Lincoln residents of all ages. We appreciate feedback and encourage you to contact the Parks and Recreation Office...

Mailing Address

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Lincoln, MA 01773

Office Location

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Contact Numbers

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Staff Members

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Jonathan Dwyer
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Ingrid Neri

Bulk Rate
U.S.
Postage
Permit No. 11

Lincoln Parks & Recreation
Dep.
16 Lincoln Road

POSTAL CUSTOMER
LINCOLN, MA 01773

LINCOLN PARKS & RECREATION DEPARTMENT



WINTER 2012 ACTIVITIES AT-A

WWW.LINCOLNREC.COM